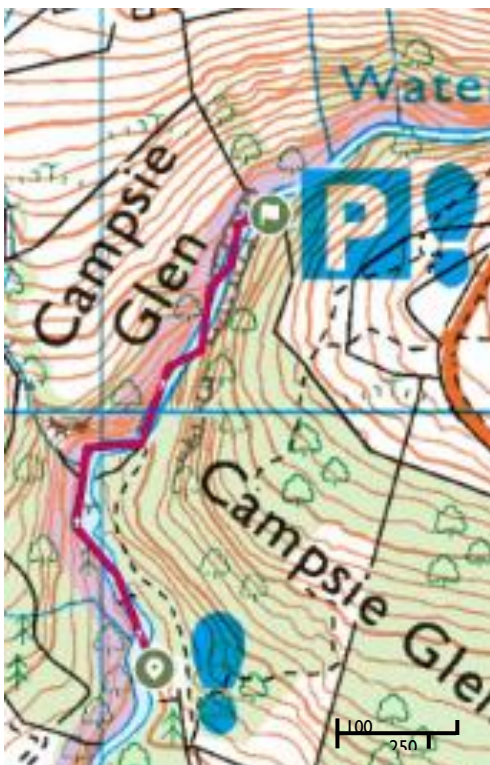
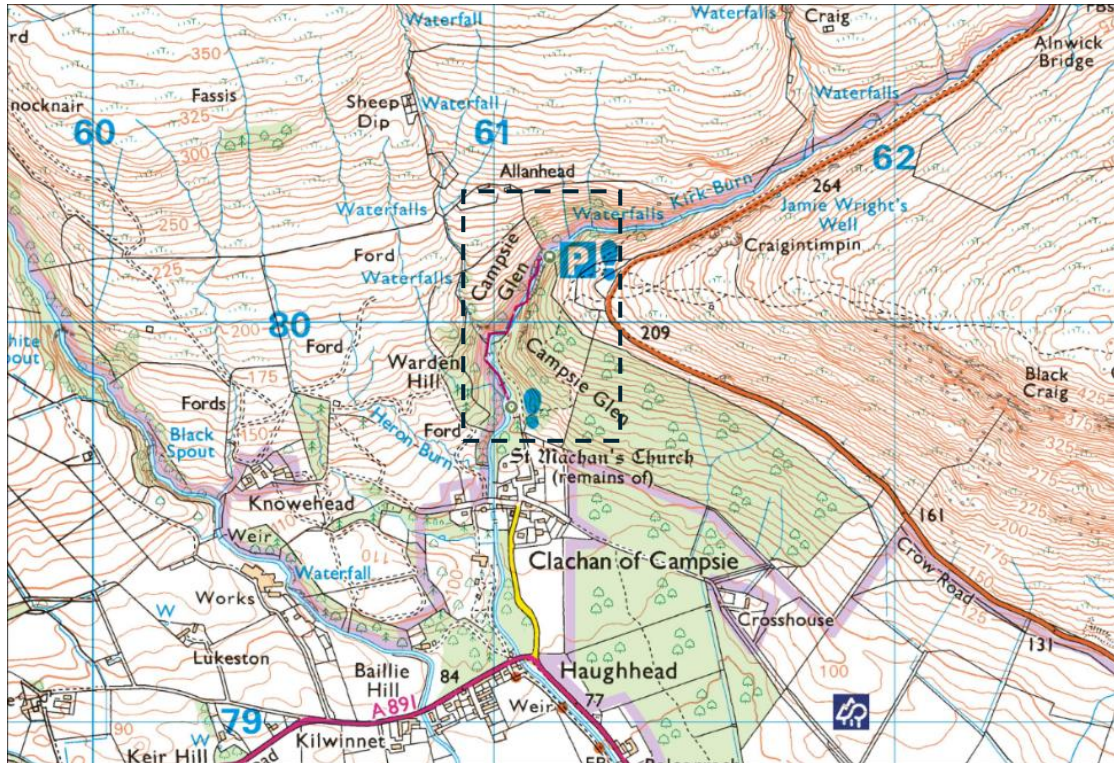


Campsie Glen Clear-out – 16th September 2026

General risks/ considerations:

- Risk of injury due to slipping on wet rock
- Risk of injury due to tripping/ falling
- Risk of injury due to carrying load
- Sanitary considerations
- Low light conditions and fading light
- General waterproofing may be necessary



General Plan

1. Meet at the main car park at Clachan of Campsie for 6pm on Wednesday 16th September.
2. We will have a quick team briefing outlining the plan and the roles of each team.
3. Teams will be assigned.
4. Kit-up and gather supplies.
5. Bank and water teams will move up to the head of the largest waterfall in the lower section of fall as marked by the green flag on the map (left). All teams use small track on right and gather in the open space near to the furthest waterfall.
6. The water team will move up and clear out the area immediately in front of the furthest fall.
7. Both teams then move downstream together, with a go-between person moving more bulky items/ full bags to the team on the banks.
8. Any full bags can be transported back to the car park for sorting by the sorting team.
9. All teams help move sorted waste into vehicles.

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Teams (Draft)

1. **Water-based team** – Collect waste from water
2. **Bank-based team** – Collect waste from banks and transport bulky items
3. **Sorting team** – Sort all waste into three categories: General, recyclables and non-household
4. **Go between(s) for water and bank teams** – Transfer bulky/ heavy items to bank team
5. **Go between(s) for sorting and bank teams** – Transfer bulky/ heavy items and full bags to car park

PPE & Other Supplies/ Equipment – Please bring these if you have them!

- **Water-proof layers (for water team)**
- **Wellies or other waterproof boots (for water team)**
- **Thick cut-resistant gloves (all teams)**
- **Headtorches (water and bank teams)**
- **Heavy-duty waste/ rubble bags**
- **Litter pickers? (If anything for bank team)**
- **Dust sheets (for cars)**

Other Precautions

- **Suitable shoes** should be worn by collection teams to avoid slippage.
- **Heavy loads should be shared** where necessary and/ or alternative means of lifting should be employed to reduce back/ neck strain due to manual handling.
- **Large rucksacks** may be useful, particularly for the team in water.
- It may be advisable to wear **plastic gloves** beneath thick gloves to improve hygiene when handling waste.
- Where possible, journeys back and forth should be reduced to maximise efficiency.
- Ideally there should be an assigned **first-aider** present with a **first aid kit** to hand.

Info on Terrain (applicable to water team)

- The water is generally shallow, but can be fast-flowing in places and there is slippery rock throughout.
- It is up to every individual whether or not they wish to enter into the water or use rocks to stay above it.
- The length of the section to be covered totals roughly 500m, with an elevation gain of 70m.
- Navigating the falls may require some scrambling/ climbing which could become precarious whilst transporting bags of waste. Ideally heavier items will be moved to the bank teams before tackling the more challenging sections but occasionally this may be handled by passing bags across between team members.
- In some sections, there is no access to the bank from the water so in this case the bank team members should wait for the water team once they have arrived at the next accessible spot.
- There are regular access/ exit points all along the river but ideally the water-based team will enter at the flag shown on the map above and exit at the pin drop marker also shown on the map.
- There may be some items of waste that are not safely accessible by any team members.